

Name _____

Social Skills Scenario Sorting

Instructions: Below are **12 real-life mini scenarios**, written in the first person to help you *step into someone else's shoes*. Read each one carefully. Then decide: Was the behavior **Assertive**, **Aggressive**, or **Passive**? Write **A**, **AG**, or **P** next to each scenario.



Scenarios

1. ___ I calmly told my friend that I didn't like the way they spoke to me in front of others and asked if we could talk about it privately.
2. ___ I wanted to avoid drama, so I just said "it's fine" even though I was really hurt and disappointed.
3. ___ I told my coworker loudly, in front of everyone, that they were useless and needed to get it together.
4. ___ I explained to my roommate that I need more quiet time at night to sleep better, and I asked if we could come up with a solution that works for both of us.
5. ___ I didn't say anything about the project even though I did most of the work-I didn't want to seem like a show-off.
6. ___ I rolled my eyes and muttered, "Typical," when my friend was late again, but I didn't say anything directly.
7. ___ I told my sibling firmly but politely that I need them to stop borrowing my things without asking.
8. ___ I shouted at my little brother, "You never listen! You're so annoying!" when he left the door open again.
9. ___ I kept quiet about the unfair grade I got because I didn't want to upset the teacher.
10. ___ I messaged my teacher explaining why I believed my answer was marked incorrectly and asked if we could review it together.
11. ___ I snapped at the customer service rep and said, "You people are always useless," when my package was late.
12. ___ I spoke up during the meeting and said, "I'd like to share a different perspective if that's okay."