

Name _____



Asking For Help

Directions: Read the short passage below, then answer the reflection questions that follow. Think carefully about the emotions and choices in the story.

Marcus sat quietly in the computer lab, staring at the code on his screen. The project was due tomorrow, and he could not figure out why his program kept crashing. His teacher, Mr. Patel, was walking around helping other students, but Marcus kept telling himself, "I should already know this." He worried that asking for help would make him look less smart.

As the class ended, Mr. Patel stopped by Marcus's desk and noticed his frustration. "You've been working hard," he said gently. "Would you like to look at this together?" Marcus hesitated, then nodded. In just a few minutes, they found the problem and fixed it. Marcus felt a mix of relief and pride, realizing that asking for help had actually shown his effort, not weakness.

Reflection Questions:

1. Why was Marcus afraid to ask for help?
2. What emotion did Marcus feel after he finally accepted help?
3. How did Mr. Patel show empathy toward Marcus?
4. Why do you think some people feel embarrassed to ask for help?
5. What lesson can you learn from Marcus's experience?