

Name _____

Finding My Voice Answer Key

Sample Response:

Last week, I didn't understand a homework question but was afraid to ask my teacher because I thought it would make me look silly. Later, I got the problem wrong and felt frustrated. Next time, I could raise my hand and say, "I'm not sure about this part. Can you please explain it again?" Asking for help shows that I care about learning, not that I am weak.

Teacher's Guide:

- **Differentiation Tips:** Provide sentence starters like "One time I needed help was when..." or "Next time I could say..." for students who need support organizing thoughts. Offer verbal dictation or drawing options for students with writing challenges.
- **Engagement Strategies:** Begin with a class discussion about moments when asking for help felt hard. Model your own example to normalize self-advocacy. Encourage students to share ideas about what polite phrases they can use.
- **Extension Ideas:** Have students create a "self-advocacy script" to practice asking for help in different settings such as during group work, after school, or at home. Reinforce that self-advocacy builds confidence and independence.