

Name _____



Ask With Confidence

Directions: Read each sentence carefully and fill in the blanks with your own ideas. Use words or short phrases that show when, how, and who you can ask for help politely.

1. When I don't understand directions, I can ask
_____.
2. If I feel confused during class, I can raise my hand and say
_____.
3. When I can't find something I need, I can ask
_____.
4. It's okay to ask for help when
_____.
5. If I see someone struggling, I can offer help by saying
_____.
6. When I forget what to do next, I can politely ask
_____.
7. If I feel upset or overwhelmed, I can ask _____
to talk with me.
8. I can use polite words like _____ when I ask
for help.
9. When I try something new and get stuck, I can ask
_____.
10. Asking for help shows that I am
_____.