

Name _____

Lenten Word Meanings

Directions: Read the short passage about Ash Wednesday. Then, use your own words to define the bolded words below.



On **Ash Wednesday**, Christians begin the season of **Lent**, a special time of reflection and preparation before Easter. Many people attend church to receive a small cross made of **ashes** on their foreheads. The ashes remind believers to be humble and to seek **repentance**, which means turning away from wrong actions and starting fresh. Some people also practice **fasting**, giving up certain foods or habits to grow closer to God. Through prayer, kindness, and reflection, this season helps people strengthen their faith and live with renewed purpose.

Your Turn:

1. **Ashes**

2. **Repentance**

3. **Fasting**

4. **Lent**
