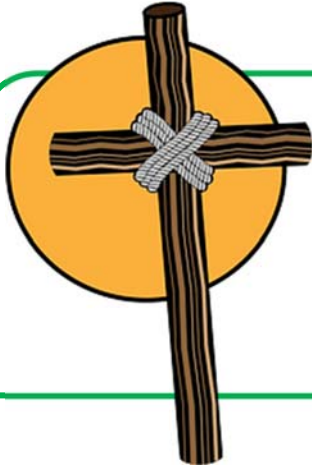


Name \_\_\_\_\_



## Humbled By Dust

**Directions:** Read the reflection prompt below carefully. Then, write a short paragraph explaining what the ashes mean to you and how the message "Remember that you are dust" can inspire humility and gratitude.

**Reflection Prompt:** On Ash Wednesday, people receive ashes on their foreheads while hearing the words, "Remember that you are dust, and to dust you shall return." The ashes remind us that life is fragile and that our time should be spent doing good and showing kindness. Think about what this symbol means and how it might change the way someone acts or feels.

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