

Name _____

Quiet Reflections

Directions: Write a one-page creative essay titled **"The Difference Between Alone and Lonely."** Use vivid imagery and personal reflection to show how these two feelings differ. Follow the guiding prompts below to help you build your essay.



Guiding Prompts:

1. Describe a time when you were *alone* but content or peaceful. What were you doing, and how did it feel?
2. Describe a time when you felt *lonely* even if people were nearby. What made that experience feel different?
3. Use sensory details to paint a clear picture: What did you see, hear, or feel in each situation?
4. End your essay with a reflection: What have you learned about the difference between being *alone* and feeling *lonely*?

The Difference Between Alone and Lonely

[illegible]