

Name _____

Frequency Fix-It Quiz

The sentences below are missing the right “**how often**” word-also known as an **adverb of frequency**. Read each sentence and choose the correct answer from the options provided.

Circle or write the letter of the correct adverb of frequency that best completes each sentence.

1. Lily _____ brushes her teeth after breakfast.
a) never b) always c) rarely d) sometimes

2. My dad is busy, but he _____ takes us to the park on weekends.
a) often b) never c) always d) rarely

3. We _____ eat pizza on Mondays because it's our family tradition.
a) usually b) never c) hardly ever d) sometimes

4. The teacher _____ checks homework at the beginning of class.
a) never b) usually c) seldom d) occasionally

5. I _____ forgot my backpack, but today I left it at home!
a) rarely b) always c) frequently d) never

6. Penguins _____ fly because they aren't built for it.
a) always b) often c) never d) usually

7. Jacob _____ helps his sister with her homework when she asks.
a) never b) often c) always d) hardly ever

8. We _____ watch TV after dinner, depending on how much homework we have.
a) always b) usually c) sometimes d) never

9. I _____ go swimming in the winter-it's too cold!
a) never b) usually c) often d) always

10. Anna is a great friend, and she _____ forgets my birthday.
a) sometimes b) rarely c) always d) never

