

Name \_\_\_\_\_

- 4. I compare answers from multiple tools or websites instead of trusting just one. ☐
- 5. I look for neutral, fact-based language and question anything that sounds emotional or manipulative. ☐

#### **D. Communicating Safely with AI**

- 1. I don't share personal feelings or problems that are better discussed with real people. ☐
- 2. If an AI chat feels weird, pushy, or too personal, I stop the chat immediately. ☐
- 3. I tell a trusted adult or teacher if an AI says something inappropriate or unsafe. ☐
- 4. I remember that AI is not a friend or therapist, even if it sounds caring or human. ☐
- 5. I avoid chatting privately for long periods with AI - I use it with purpose and limits. ☐

#### **E. Being a Responsible Digital Citizen**

- 1. I think about how my data, words, and creativity could be used by AI systems in the future. ☐
- 2. I keep up with new digital safety rules or AI updates shared by my teachers or parents. ☐
- 3. I help friends use AI responsibly - if I see unsafe behavior, I speak up. ☐

Your Score \_\_\_\_\_

Total Checkmarks: \_\_\_\_\_ / 25

**21-25:** AI Safety Superstar - You use AI responsibly and protect yourself like a pro.

**15-20:** Smart User - You're mostly safe but could polish a few habits.

**10-14:** Casual Clicker - You're learning, but it's time to strengthen your privacy game.

**0-9:** Caution Zone - You're sharing or trusting too much. Let's make some changes!